



# Boston Children's Hospital

Where the world comes for answers

## GENDER RESOURCES, 2021

*Boston Children's Hospital Gender Multispecialty Service (GeMS)*

### SUGGESTED READING

Bongiovanni, Archie and Jimerson, Tristen. *A Quick and Easy Guide to They/Them Pronouns*, 2018. Limerance Press, 2018.

Brill, S. and Pepper, R. *The Transgender Child: A Handbook for Families and Professionals*. 2008. Cleis Press.

Brill, S. and Kenney, L. *The Transgender Teen: A Handbook for Parents and Professional Supporting Transgender and Non-Binary Teens*. 2016. Cleis Press.

Ehrensaft, Diane, *Gender Born, Gender Made: Raising Healthy Gender-Nonconforming Children*. 2011. The Experiment Press.

Ehrensaft, Diane, *The Gender Creative Child: Pathways for Nurturing and Supporting Children Who Live Outside Gender Boxes*. 2016. The Experiment Press.

Human Rights Campaign Foundation/ Gender Spectrum, *Growing Up LGBT in America*, is a groundbreaking survey of more than 10,000 LGBT-identified youth ages 13-17; topical follow up reports include: *Support and Caring for our Gender Expansive Youth*, 2012. [www.hrc.org/youth-gender](http://www.hrc.org/youth-gender) or [www.genderspectrum.org/youth](http://www.genderspectrum.org/youth)

Gratton, Finn V. *Supporting Transgender Autistic Youth and Adults: A Guide for Professionals and Families*. 2019. Jessica Kingsley Publishers.

Kuklin, Susan, *Beyond Magenta, Transgender Teens Speak Out*. 2014. Candlewick Press.

Killerman, Sam. *The Social Justice Advocate's Guide Handbook: A Guide to Gender*, second edition, 2017. Impetus Books.

Krieger, Irwin, *Helping your Transgender Teen: A Guide for Parents*, second edition, 2018. Jessica Kingsley Publishers.

Krieger, Irwin, *Counseling Transgender and Non-Binary Youth*, 2017. Jessica Kingsley Publishers.

Mendes, Eva A. and Harris, Brian T. *Gender Identity, Sexuality and Autism: Voices from Across the Spectrum*, 2019. Jessica Kingsley Publishers.

Orr, Asaf, ESQ, Baum, Joel, MS, et al. *Schools in Transition: A Guide for Supporting Transgender Students in K-12 Schools*; Human Rights Campaign Foundation (2015) provides a blueprint for safe, supportive, inclusive school environments for gender diverse youth.

<http://www.hrc.org/resources/schools-in-transition-a-guide-for-supporting-transgender-students-in-K-12-Schools>

Rajunov, Micah and Duane, A. Scott (editor) *Nonbinary: Memoirs of Gender and Identity*. 2019. Columbia University Press.

Storck, Kelly, *The Gender Identity Workbook for Kids: A Guide to Exploring Who You Are*. 2018. New Harbinger Publications, Instant Help Workbook.

Teich, Nicholas, *Transgender 101: A Simple Guide to a Complex Issue*. 2012. Columbia University Press.

Testa, R., Coolhart, D., Peta, J. *The Gender Quest Workbook: A Guide for Teens & Young Adults Exploring Gender Identity.*, 2015. New Harbinger Publications, Inc.

## **SUGGESTED WEBSITES and RESOURCES**

**Camp Aranu'tiq:** Summer camp for gender non-diverse youth [www.harborcamps.org](http://www.harborcamps.org)

**Camp Outright:** Summer camp for gender diverse youth [www.outrightvt.org](http://www.outrightvt.org)

**Campus Pride:** Extensive information about LGBTQI resources in colleges and universities throughout U.S., updated yearly [www.campuspride.org](http://www.campuspride.org)

**The Family Acceptance Project:** research, intervention, education and policy initiative that works to prevent health and mental health risks for lesbian, gay, bisexual and transgender (LGBT) children and youth, including suicide, homelessness and HIV in the context of their families, cultures and faith communities. <http://familyproject.sfsu.edu>

**Gay and Lesbian National Hotline:** Anonymous peer counseling, information and referrals with huge database (888.THE.GLNH) [www.glnh](http://www.glnh)

**Gay and Lesbian Medical Association (GLMA)** [www.glma.org](http://www.glma.org)

(2)

**Gender Spectrum:** Gender Spectrum provides extensive materials to create gender sensitive and inclusive environments for children and teens; includes education, trainings, legal concerns, on-line forum, general and specific resources for youth, families, educators, allies and health/mental health care providers. [www.genderspectrum.org](http://www.genderspectrum.org)

**GLAAD:** Gay and Lesbian Advocate and Defenders Legal rights, advocacy. [www.glad.org](http://www.glad.org) 1-800-455-GLAD

**GLESN** (Gay, Lesbian and Straight Education Network): provides educators and families support, training, advocacy tools, research to create safe and affirming schools for all, regardless of sexual orientation, gender identity, or gender expression. See GLESN's *2015 National School Climate Survey*. [www.glesn.org](http://www.glesn.org)

**Greater Boston PFLAG: Parents, Families & Friends of Lesbians & Gays** National and local listings available for family LGBTQ support. [info@gbpflag.org](mailto:info@gbpflag.org) 781.891.5966

**The Trevor Project:** Suicide prevention for sexual and gender minority youth [www.thetrevorproject.org](http://www.thetrevorproject.org) TrevorLifeline: **1-866-488-7386**; TrevorChat and TrevorText also available; all 24/7

**Trans Lifeline:** <http://www.translifeline.org>; Peer support services, hotline Hotline: **877-565-8860** (not 24/7 but substantial coverage) <http://www.translifeline.org>;

**Trans Youth Family Allies (TYFA):** collaborates with service providers, educators and communities. [www.imatyfa.org](http://www.imatyfa.org)

**Trans Youth Equality Foundation (TYEF):** support, resources and networking services, based in Portland, ME, [www.transyouthequality.org](http://www.transyouthequality.org)

**World Professional Association for Transgender Health (WPATH):** [www.wpath.org](http://www.wpath.org)

**Welcoming Schools:** a project of the Human Rights Campaign Foundation provides educators with a comprehensive approach to improve elementary school climates, embrace diversity, avoid stereotyping and end bullying. [www.welcomingschools.org](http://www.welcomingschools.org)

## **RESOURCES IN GREATER BOSTON**

**BAGLY:** Boston Alliance for Gay, Lesbian, Bisexual and Transgender Youth: social support programs for youth under age 22. [www.bagly.org](http://www.bagly.org) 617-227-4313

**Greater Boston PFLAG:** Support for families and LBBTQI youth; access local chapters, [www.pflag.org](http://www.pflag.org) 718-891-5966

**GLSEN Boston:** (Gay, Lesbian & Straight Education Network)  
[www.glsen.org/massachusetts](http://www.glsen.org/massachusetts) School and community support network (national)

(3)

**GLASS Community Center:** groups, therapy and drop in for GLBT youth 13 -25 at  
**JRI (Justice Resource Institute)** [www.jri.org/glass](http://www.jri.org/glass) : 857.399.1920

**Fenway Community Health Center:** LGBTQ+ health and mental health care, research  
and advocacy [www.fenwayhealth.org](http://www.fenwayhealth.org) or [transhealth@fenwayhealth.org](mailto:transhealth@fenwayhealth.org) 617.927.6000

**GeMS (Gender Multispecialty Service, Boston Children's Hospital):** Medical and  
mental health care, consultation and referral for gender non-conforming youth ages 2 –  
25; 617.355.GeMS (4367) [http://www.childrenshospital.org/centers-and-services/programs/f\\_-\\_n/gender-management-service](http://www.childrenshospital.org/centers-and-services/programs/f_-_n/gender-management-service)

**OUT MetroWest:** social support programs, including **UMBRELLA** for transgender and  
GNC high school youth; **NEXUS** for LGBTQ+ middle school youth  
[www.outmetrowest.org](http://www.outmetrowest.org) 508.875.2112

**Sidney Borum, Jr Health Center:** (affiliated with Fenway Health Center) LGBTQ  
health and mental health care for teens managed through Family Medicine teams.  
<https://fenwayhealth.org/info/locations/theborum> 617.457.8140

**Massachusetts Transgender Political Coalition:** Information about current political  
issues and laws; information about changing gender markers (ID Project) :  
[www.masstpc.org](http://www.masstpc.org) and [info@masstpc.org](mailto:info@masstpc.org)

**NAGLY:** North Shore Alliance of GLBTQ+ youth, in Salem, MA.  
Ongoing support groups and programming for youth, teens and their families  
[www.nagly.org](http://www.nagly.org) 978.224.2102.

**Safe Schools Program** for LGBTQ+ Students, a joint initiative of the **MA Department  
of Elementary and Secondary Education and the MA Commission on LGBTQ  
Youth.** <http://www.doe.mass.edu/sfs/lgbtq>

**WAGLY:** [www.wagly.org](http://www.wagly.org) ; see **OUT MetroWest**

(4)